How to use Consumer Medication Information Leaflets (RiMUP)

Consumer medication information leaflets (RiMUP) contain important information on prescription and non-prescription medicines registered for use in Malaysia. The RiMUPs are developed by the pharmaceutical company responsible for each medicine in Malaysia, according to NPCB guidelines.

What information does the RiMUP contain?

- 1. The brand name of your medicine, active ingredient(s) and strength(s)
- 2. What the medicine is used for
- 3. How the medicine works
- 4. What you should know before you start taking the medicine
- 5. How to take the medicine
- 6. What you should know while you are taking the medicine
- 7. Possible side effects
- 8. How to store and dispose of the medicine
- 9. General description of the medicine
- 10. Contact details of the pharmaceutical company

How to find a RiMUP?

- 1. Use the search engine on the NPCB website.
- 2. Key in the **brand name** (usually the largest text on your medicine label) or **active ingredient** (listed on the label).
- 3. Choose the correct drug from the list, always checking that the brand name on the leaflet **exactly** matches that of your medicine.
- 4. Choose the English or Bahasa Malaysia version (some medicines contain both versions in one file).
- 5. Download or print out the leaflet.

How to use a RiMUP?

- 1. Always read the whole leaflet before starting to take your medicine.
- 2. Keep the leaflet in a safe place as you may want to refer to it again in the future.
- 3. If you have any further questions on your medicine, please consult your doctor or pharmacist. Do not use the leaflet to try and diagnose or treat an illness by yourself.
- 4. Pay particular attention if:
 - a. You have any other illness (see section 'Before you use this medicine')
 - b. You are taking any other medicines, including non-prescription medicines, creams, traditional medicines, or supplements (see section 'Taking other medicines')
 - c. You have or previously had an allergic reaction to any drug
 - d. You are pregnant or breastfeeding
 - e. The medicine is to be used in an elderly patient or child